
In Search of Truth

Chapter 1

The Journey Begins

The search for the truth by which the good man never yet was harmed.

- Marcus Aurelius

Beginning the Search

In literature, all the great quests have been for wealth and power... gold... buried treasure. Have you ever noticed that very few people spend any time at all in the search for truth? Most spend whatever free time they have pursuing money or pleasure. Even today, most of us just seek **entertainment**... TV, sports, magazines, hobbies, sex, etc.... **but not truth**. Why is it? Is truth too difficult to come by... or is it just unimportant to us? Is Truth some imaginary... non-existent... ideal? Maybe we feel that we already know it!? Or perhaps we are deliberately avoiding it... running away from it? And how does one recognize truth anyway?

Let's begin our search at the beginning... and let Truth take us where it will.

Wisdom can only be found in Truth.

- Goethe

Our Perception of the World

Since people have different perceptions of life, religion, what is right, how best to live our lives... it is obvious that if there were one best or true way to live... it has not convinced the rest of us. We all live in the **same world**, yet each of us "sees" this world in his own unique way. Every person has his own opinion. Where then in

this sea of opinion... is truth? Let's revive a reliable old truth from the study of Semantics... and begin from there.

The Map vs. the Territory

The Map is NOT the Territory. A roadmap of Omaha, for example, is always an INCOMPLETE image of the actual land... the Territory. While the Map may show the major roads... **there is always much that it doesn't show.** The map does **NOT** show farmer Brown's wheat fields. Nor does it show his big oak tree, the soaring birds, the scampering bunnies, the green grass, nor the evening's fiery sunset.

The Territory itself is alive and ever changing. It belongs to the "Now". The wind blows; it rains; day follows night; the different seasons take their turns. But the map is dead and static. It was created and printed in the **PAST** and remains... **always the same...** as an approximation... as our incomplete **image** of reality.

The Map... within our Mind

Our mind is always moving with a purpose. So, we attempt to SIMPLIFY the complex infinite Reality (the Territory) by making an **uncomplicated** image... a simplified **MODEL**... designed to help us with our immediate purpose. For the driver, this becomes the road map.

In the same way, we try to simplify every aspect of our lives. For example, our self-image is the MODEL we carry around of who we are. We also carry images of our friends, of the different nationalities, of the various races. We each have our own image of what men and women are supposed to be like. We even have our own concept of God, and how we all got here. In fact, all these images come to comprise what is our individual... **Map of Reality.** It is our personal **WORLDVIEW**... our personal idea of what the world is all about and how it works.

Now if we look closely, we will observe an important fact... that **ALL OUR THINKING TAKES PLACE WITHIN OUR MAP!!** Each of us has our own individual Worldview that we use as the basis for our everyday decisions. That is why different people can view the same situation in unlike ways. Once in place, our thinking is confined to this Worldview... to our personal **MODEL OF REALITY.** **Our everyday behaviors... ALL OUR DECISIONS... are made using "reasoning"... BASED ON OUR PARTICULAR WORLDVIEW... based on our Map of Reality.**

Each one of us lives in the comfort of our own particular Map of Reality. Each of us views the world... and experiences the world... through the filter of our personal Worldview. **Every person has his own Map... which leads to his particular opinion.** And, each man's opinion seems perfectly logical to him through the filter of his Map!

In order to understand how our Map distorts Reality... we must first examine how we arrive at our everyday conclusions. So let's begin our search for Truth by exploring

the tools we use to think and investigate. How **DO** we recognize Truth? **Let's find out!**

The Nature of Thought

We must not confuse the Map with the Territory. The Territory is **non-verbal**. It is the non-verbal Reality... the "What is". But words, on the other hand, belong to our image of that reality. They belong to our Map. In fact, words help to build our picture of "reality". They are used to create and justify our Map. Words are the tools of thought. And thought is what we use to create our particular Worldview... and to navigate around within it.

To truly understand what is being said, we must see past the words and their images to the reality they describe. If the words accurately describe the Territory, then they are stating Facts... they are Truth. If the words do not describe the actual Territory, then they are merely spoken from the limitations of the speaker's... or perhaps even this author's... Map. But, the reader must be very careful that his own images do not cloud and negate that which may be True. The author is not persuading... or selling anything. We are merely exploring together... as friends... into Truth. Now, in order to proceed, let us begin by examining the make-up... and the tools... of our reasoning... and see how we would recognize Truth.

The Basis of our Map

Why do some things make sense to us, and others do not? Man prides himself on his ability to reason. And the ultimate tool of his reasoning... is LOGIC. For anything to **make sense** to us, we apply logic. Let's examine then how we "understand" by looking briefly at what is the very cornerstone of logic and our reasoning ability.

Axioms

All reasoning uses logic. And, every logical system has at its center a set of **axioms**. For example, basic geometry, which most of us have studied in high school, has at its core a set of 5 axioms. From these axioms... is derived theorem #1. Then, from these axioms **AND** theorem #1... is derived theorem #2... etc.

Each theorem is shown to follow logically from the axioms... and the preceding theorems. The logical system builds outward from the selected axioms.

Let's now consider two VERY IMPORTANT properties of axioms that are **not** generally well known and which are particularly overlooked by most of us who pride ourselves on our reasoning ability.

1. However excited a mathematician may get from discovering theorem #108, we must keep in mind that... **ALL the theorems are ALREADY CONTAINED in the original axioms!! They are there from the beginning!** All theorems are actually embedded (encoded) in the original axioms. And, each theorem is merely an inevitable extension of what came before... **and flows from the**

axioms as a plant from a seed. All the strategy of chess... is contained in the rules of the game! Change a rule (pawns can now move backwards) and the strategy will change.

2. Another VERY significant property of axioms is that they can **never be proved... LOGICALLY... to be true.** They are **always ASSUMPTIONS... PREMISES.** They are **GIVEN** up front... and agreed upon. Axioms are only ever **ASSUMED to be true.**

Both of these properties have vital repercussions... and lead to serious errors in thought when we carelessly apply our reasoning to every day life. Let's examine it.

Logic – Our Tool of Reasoning

Zebras have stripes.	<= Premise (axiom)
Zeke is a zebra.	
Zeke has stripes.	<= Conclusion

Logic ALWAYS makes use of axioms. When we "reason", we MUST invariably begin with a set of one or more axioms that we **ASSUME** to be true. From these axioms we arrive at our conclusions.

Logical conclusions are "true"... ONLY RELATIVE TO THE AXIOMS USED. DIFFERENT AXIOMS WOULD LEAD TO DIFFERENT CONCLUSIONS!

Thus, logical "truth" is **RELATIVE... to the axioms used.** And, when a conclusion is deemed "true", all it really is telling us is that... **the conclusion is consistent with the axioms...** that it follows logically from the axioms we have chosen.

Classic example:

All elephants are pink.	- Premise (axiom)
Elsa is an elephant.	- Argument
Therefore, Elsa is pink.	- Conclusion

The conclusion "Elsa is pink" follows logically from the premise and is therefore said to be "true"... LOGICALLY... **but... does not necessarily pertain to REALITY.** It is "true" in the logic of the Map... but are there pink elephants in the Territory?!

So, our logic could be flawless, but if we start with an invalid (unreal) premise, we will only find an invalid (not factual) conclusion waiting for us at the end!

How about this one:

All politicians are truthful.
 Johnson is a politician.
 Johnson must be telling us the truth!

Logically the conclusion is TRUE... but in Reality?! Thus, logic is the movement from axioms to conclusion. **Conclusions are logically "true" only relative to the axioms used... and are only as valid as the axioms that produced them! However, THE AXIOMS THEMSELVES CAN NEVER BE SHOWN LOGICALLY TO BE TRUE.**

The important fact is that... the axioms define the ENTIRE system. The axioms will then define all the theorems and all the logical conclusions. Within the system, **Logical truth can only be determined by our existing axioms.** Every new item must be COMPARED to our accepted axioms to determine if they are... if the axioms say they are... "true" or "false". **BUT, THERE IS NO WAY FOR THE SYSTEM TO APPLY LOGIC TO ITS OWN AXIOMS!**

Logic is a COMPARATIVE process, and there is nothing more basic to compare the axioms to. Hence, they can only ever be ASSUMPTIONS. This creates a "catch 22" as far as "truth" is concerned, and is at the crux of our dilemma.

What this means is that our "truth" will always be at the mercy of the axioms with which we start. Within logic... nothing could ever be said about the validity of the axioms used. And... in the world... different people will be using different axioms!

Because of this, each person will argue that his "truth" is the right one!! And, based on his accepted axioms, they WILL work out and appear, logically, as "truth"... to HIM... within his own logical system... within his personal Map of Reality. Indeed, EACH person's conclusions could well be LOGICALLY correct! Using a different set of axioms... a "truthful" statement in one system could be "ridiculous" in another.

That is why... when we disagree with someone... they cannot see the "truth" in what we say. We each have different assumptions... different axioms... different Maps... and different Worldviews.

We attempt to get around this predicament by making use of science to validate our axioms as "actually true" in the physical world by experimentation. However, this carries with it its own set of problems, which we will explore later.

Axioms and logic belong to the Map... and that which they attempt to describe... is the Territory. **But, the danger of any thinking begins when we forget that our axioms are only assumptions that belong to our Map... our MODEL of Reality. The trouble begins when we start to take them as "truth".** Once we say that our personal axioms are "true"... we are implicitly saying that our personal Worldview... our Map of Reality... **IS** the Territory. And... the deception begins!!

Memory

As human beings, we have tremendous capacity for memory. In fact, we often lose sight of how important memory is in our lives... **and in our thinking**. Our entire childhood, who we are, every one who praised us or hurt us, our schooling, our life experiences... and much more... belong to our memory. We can also observe that... **our knowledge, logic, our axioms, beliefs, conclusions... OUR ENTIRE MAP OF REALITY... are all contained in MEMORY!**

Since all of our thinking takes place within our personal Worldview... our personal Map of Reality... then **our entire thought process depends on memory**... and is similar to the computer. This is not surprising since we have created the computer in our own image! **All of the computer's programs and "thinking" capacity reside on its disk. It resides in MEMORY.**

Since memory belongs to the **Past**... then we see that all programs reside in memory... and emerge from memory... from the **Past**... and project themselves into the **Future**. In all programs... it is the **PAST** that controls the **FUTURE**. Now all programs have their own particular axioms that guide their movement. And remember we cannot come to a different conclusion than the one that our axioms present to us as "true".

OUR ENTIRE MAP OF REALITY EXISTS IN OUR MEMORY. Our language, our axioms, our knowledge, our past experiences, and all our images reside there. Logic also belongs to the Map... and **ALL reside in MEMORY.**

Memory is the PAST. It is "dead" and static. While the Territory is the "What is"... the "Now"... the dynamic PRESENT. It is the living non-verbal Reality that exists all about us.

Time

Time is nature's way of preventing everything from happening all at once.

- Mark Twain

Time is an integral part of our everyday lives. No other species carries a watch! Why have our whole lives become centered around time? Why has time become so important to us?

We will see that time is an integral... BUILT-IN... part of our thinking process. Within the Map, both LOGIC and MEMORY require time for their movement... AND FOR THEIR OWN VERY EXISTENCE. We will explore how our notion of time might be distorted by the very tools we use to examine it! And we will also see how we then project this false notion of time into the physical world.

Native Americans lived by the movements of Nature. The animals do too. But they are not obsessed with time, as is modern Man.

Time is fundamental to thought. It takes time to reason something out... to analyze. It takes time to learn. It takes time to achieve our goals. Is there a difference between time... in the Map... and time in the Territory? Keep in mind that our whole notion of what time is... what time appears to be... is the way time appears to us in our Map! Time, to us, is the way it appears within our MODEL of Reality. Time is the way it is understood according to our axioms. It is the way we have come to explain and view it to ourselves... and is, therefore, interwoven with our Worldview.

Our notion of time... Map-time... is influenced and controlled by Memory. It is the Past... looking **through** the "Now"... into a projected Future. We must keep in mind that any distortion by our Map will not give an accurate description of the Territory... in the "Now". If we can determine that there is a built-in distortion within the very nature of our Map, we may come to be aware of why "truth" is so difficult to come by.

But beware! The established axioms of our Map will rebel at any proposal that would suggest that they are false... for this would imply that our current Worldview... is illusion! Could this be the case?! How would we revolt at such a suggestion? Could we enter such a sensitive area without becoming defensive? Let's see!

We will proceed slowly. With concern for the Truth... and with an open mind... we may come to the Real. We must avoid making any hasty judgments... or our present axioms... and our existing conclusions... will keep us from seeing what might be a new "truth". We can only proceed... cautiously... carefully... with an open mind. We are **most emphatically** not asking for blind acceptance... but rather, for the quality of mind that can allow a possible new Truth to penetrate past our existing axioms. **Can we do this?!** Let's go on.

We must first see clearly that ALL our knowledge... our experiences... our childhood training... belong to the **Past**. We must also see that our current beliefs... conclusions... goals... were also determined in the **Past**.

It is the **Past** that rules our Today... looking for a projected better Future. If the Territory is the "What is"... the "Now"... the living Present... then we begin to see the problem of the **Past ruling the Present**. Furthermore, it is the **Map ruling the Territory!**

Then what would be the real nature of time... in the Territory? Later we will explore time without the distortion of our Map... and this will become clear. But, before that can make sense, we must first understand the factors of distortion... the factors that distort our thinking... and our reasoning.

Thought

Our thought is the movement of memory... moving logically from axioms to conclusion within our Map of Reality. Conclusions are like theorems... and can only follow logically along the path that the accepted axioms take them. This movement is rigid and entirely determined by the original axioms. **As long as we retain the same axioms... we cannot come to a different conclusion.** Within our

Worldview of Reality... our conclusions will always seem justified by our axioms... and appear "true".

The Axioms of the "Me"

Every man has his own beliefs (axioms) and therefore his own conclusions... which become his opinion. However, **there are common axioms that all men share... and they involve the survival of the self... the all importance of the self.**

Therefore, the life of each man is centered about HIMSELF... **his** career... **his** interests... **his** possessions... **his** pleasures... **his** bank account. Without a perception of anything beyond himself, this is the only purpose that seems to have relevance. So... within our Map... each of us has incorporated at our center... the **axioms of the "Me"**... and therefore... **self-interest rules**. Thus, with thought, we break and divide the world into separate and isolated "Me's"... each with his own Map... and his own self-centered opinion. And now our Worldview becomes "Me" vs. "them".

The Territory

The Territory is what is REALLY out there. It is not hiding from us. We are unable to see the "What is" because we are locked into our Map view of Reality. We are looking at the "What is" through the filter of our individual Worldview.

Within our own mind... within our particular Worldview... our personal Map of Reality takes precedence over the actual Territory! Furthermore, as long as we are operating from our old familiar axioms (our program)... then our own long-standing conclusions are the only ones that can make sense to us.

Our Worldview is our image of Reality... and it is on this image that we make our daily decisions. Our Worldview is only a simplified Model of Reality. Good or bad... it is our personal Map of the actual Territory. It is extremely limited in scope and depth. And... for many of us... it is outright WRONG!!

The Territory is alive and is **not** limited by a simple set of axioms. The Territory is infinite, interconnected, and harmonious from the microcosm to the macrocosm. It is the "What is" and exists in the "Now". Within its Harmony lies a vast Intelligence and Order.

Is there a consciousness that can perceive the Territory directly... without distortion? Does Humankind have the capability of viewing the Territory without the distortion of memory and conditioning? Let's see if we can find out!

The Order of Nature vs. the Order of Thought

Order is heaven's first law. - Alexander Pope

Without order, we would go insane. So when we are unable to perceive the infinite Order of Nature... we substitute an order of our own... one we can understand! Within our Map, we create a simplified Model of Reality, where our axioms (beliefs) become the basis of our order and, therefore, our thinking. It contains a simplified order... an order that we can grasp... and according to which, we can live our lives.

Now our Map not only determines our actions... but also colors the very way we "see" reality. **Within our Map of Reality, we tend to see only that which justifies our beliefs... because that is the only thing that could make any sense to us... and to our axioms!**

However, the simple order of our Map can never approach the infinite Order of Nature... the Territory. Thus, we become prisoners of our simplified Worldview... and live our entire lives within the limited confines of our Maps of Reality.

So we see that there are TWO distinct orders. One is the infinite Order of Nature (the Territory). The other is the simplistic order of our Map of Reality... which is the order created by our chosen axioms (beliefs). Therefore, there is the single natural and Intelligent Order of the Territory (Reality, Truth)... and then there is the assumed order within our various Maps of Reality (Belief, Opinion).

The Oneness of Nature

*Never does Nature say one thing and Wisdom another.
- Juvenal (60- 140 AD)*

Everything in Nature is interrelated. Like a stone thrown into a pond, we cannot act on any part without affecting the whole. Any tampering within an ecosystem, for example, will affect all of the interconnected parts. The miraculous Order of Nature encompasses all. We are all as cells in the greater body of the Whole. And the workings and Intelligence of the Whole is far greater than the individual cell. Cells can live and die... but the body and the Intelligence of the Whole... lives on.

The Separateness of Thought

The order of our society is put together by thought. Each individual, blind to the Reality of the Whole, makes himself... **his** pleasure, **his** fame, **his** ego... **his** ideas... **his** opinions... **his** possessions... as the center of the Universe. Entrenched as axioms, his "Me" becomes his reason for existence.

With each "Me" pulling in different directions, the world of man remains in constant conflict. Until we perceive the Oneness, the Harmony, the Intelligence of the Whole... and until we perceive that we are part of that Whole... there will be conflict, competition, war, greed, and suffering instead of co-operation and Harmony. Only in

oneness is there Harmony. Any artificial division of the Whole must create conflict. It is like asking the right arm to do battle with the left!

The Intelligence of the Body vs Our Consciousness

Have we ever marveled at the Intelligence that operates within our bodies? Fortunately for us, this Intelligence... belongs to the greater Order and Intelligence of Nature. All the parts cooperate and move in harmony. The body's natural Intelligence is capable of performing and regulating thousands of complex and vital internal functions simultaneously for our health and benefit. For example, it maintains such critical balances as body temperature, blood sugar levels, pH (acid-alkaline) levels... sodium, potassium, calcium, amino acid, vitamin levels, etc. etc.

On the other hand, our consciousness... which is caught up in thought and the mundane... caught in our Map... can barely do 2 things at once! In fact, the few things our body does ask us to do... we generally mess up royally! Our body asks us only for proper rest, sleep, exercise, clean air and water, and nutritious food. Instead... we give it alcohol, tobacco, sugar, caffeine, salt, drugs, processed food, etc.!

Our Big Mistake

*We don't know a millionth of one percent about anything.
- Thomas Alva Edison*

Our greatest error is when we think that we are smarter than Nature... when we proclaim that the order of our Map of Reality... is to supersede the Intelligence of the infinite Order of Nature. We are then saying that our Map is BETTER... more ACCURATE... **more REAL**... than the Territory it describes!

Since our Map tends to supply us with the "important" information we need to get through life... we come to rely on it for the answers to our daily problems. Eventually, however, we make our Map into our personal AUTHORITY. We now have the answers... there is no more need to search... to inquire. In doing this... we have just made our Map... into "reality". We have made our Worldview... into reality itself! This is... OUR BIG MISTAKE!!

The Destructiveness of Man

Since Man's axioms are centered about his "Me", his actions are naturally centered on **SELF-INTEREST**. Greed and Vested Interest take command of his actions... especially in the market place. The pollution of the planet and the depletion of our Natural Resources are just "business as usual" for our profit-centered corporations.

As long as Man fails to see the beauty and the sacredness of the Oneness, he will place **his** interests above the interests of the Whole... above the interests of others... **above the good of even his own children.**

How can we say we love our children when we strip and pollute the very environment that would be theirs... when we deplete the remaining Natural Resources so that all we will leave to our "loved ones" is only a devastated shell of what once was... and what could have been theirs?!

Among the Native Americans... there is a saying that an act is only right if it can be seen to be good for seven generations. It served them well before the white man came... but very little of what we do today could pass this test!

Man's False Premises

The problems that Mankind faces can be seen to be the result of false self-serving axioms. As an example, let's examine just a few of them:

- 1. Man is more important than the Whole.**
- 2. Man's conceived purpose... his Map... is more important than the Intelligence of the Territory... of Nature... which is the ecosystem... the environment.**
- 3. Man is entitled to "own" Nature... and in so doing, he is then entitled to "do with it whatever he wants"... for his own advantage... without concern for its effects on others... or the environment.**

As long as we fail to see the Whole... as long as we fail to see that we are a part of the ecosystem in which we live... any "purpose" that we give to life will always be through the eyes of the "Me". As long as we elevate our Map of Reality to be "truth"... we are promoting our personal Worldview as the Territory... as Reality itself. Thus, we elevate Man, our Map of Reality, and the "Me"... as the center of all consideration. Is this not the way of society? Is this not what we all have been taught to do?

Man's self-centered behavior is the cause of injustice and suffering. And within his Map, he is able to justify all that he does... his abuse of his fellow man... and his abuse of Nature.

Within his language, he creates words with meanings that justify his greed. For example, the very terminology "Natural Resources" is **wrong** and deliberately slanted. It implies that Nature... our fragile ecosystem... is here for us to **use** for our own purposes... which is usually self-interest and profit! Our corrupt motives reveal themselves in our language... and choice of names.

If we perceived the Oneness of all things... and the delicate balance and Harmony of Nature... these so-called "Resources" would instead be seen as part of the intricate workings of our planet's ecosystem... part of a finely tuned infinite Intelligence.

They would then be seen as "**SACRED CREATIONS**"... and treated instead... with **RESPECT** and **REVERENCE**.

Truth vs. Opinion

Since each man has separated himself from the Whole... and raised his own interests and pleasures to preeminence... then each man's "truth" becomes in actuality... **his own pleasure and gain** in disguise... and is at odds with those of other men. In this conflict, each man's "truth" is his own opinion... and each man's opinion merely reflects his pleasure... his self-interest... his gain... and his advantage.

Then where can truth be found in this sea of opinion? Does truth even exist? Is truth relative? Does each man have his own truth? Is there no ACTUAL truth that we can live by and agree on... whereby we can live sane, peaceful, and rational lives?

Truth is the "What is". It is the Territory! We cannot find it... not because it does not exist... or because it is concealed... but because we are STUCK in our Map View of Reality! REALITY IS ALL AROUND US... BUT WE ARE UNABLE TO LOOK UP FROM OUR MAP AND SEE IT!! We are tied to our pleasures... and our opinions... which lie at the center of our Map.

So why then is there so much differing opinion? Each man's "Me" will have its own self-centered point of view... its own Map... and its own opinion. HOWEVER...

Although there may be many Maps... and many opinions... there is only ONE Territory... only ONE TRUTH.

The Nature of Change

*If you always do what you've always done,
You'll always get what you've always got.
- Unknown*

We say we want to be healthy, but we keep eating our same favorite junk food. We plan on exercising more... but we don't. Stop smoking... look for a new job... nah! We keep doing what we've always done because... **the same axioms always lead us to the same conclusions... and the same results.**

For example... if a person values money more than anything else, his whole life's movement will always be toward more and more money. He may see this as change... but he is merely moving from theorem #86... to theorem #87... to theorem #88. **As long as his axioms have not changed... he remains the same person... just farther along the same unchanging track.**

In order to really change, he would have to change his axioms. If he changed his... "Money is the most important thing."... axiom to... "Save the trees!"... THEN his life would take a completely different path!

Changing Axioms

If we change an axiom, we will begin to get different results... **but this is like changing from one program to another.** All axioms and their respective logical systems still belong to the Map! A new axiom will merely change us from one predictable behavior to another.

Life without Axioms

In order to live truly free... to live directly in the Territory... we must be capable of seeing... **without any fixed axioms. Axioms are merely ASSUMED "truths". They are our programming... our conditioning... our Memory... the Past. They control us and keep us confined to our Map.** They create our personal "truth". **They ARE our "truth"... and continually bring us to the same conclusions... and the same results!** How is it possible to free ourselves from our axioms?

First of all, we must see that **ANY** movement of thought puts us right back in the Map! Thought is Memory. It is the Past. It is our axioms, our conclusions, our programming at work. **Since ALL logic REQUIRES the use of axioms, we could not think... there could be no movement of thought... without reverting to our old axioms... to our customary Map of Reality... to our old programming... and therefore... our old conclusions!**

So, in order to see Reality... as it actually is... without the filter of our conditioning... we must first be completely free of our Map. To do this we must free ourselves from our axioms, our beliefs, our theories, our conclusions, and our prejudices. All of these tether us to the past and will draw us back into our Map... back into our old Worldview. **To be free of this movement of thought... is to be free of the movement of axioms... it is to be without the "Me".** Only then can we know if any other consciousness is possible.

Living Directly in the Territory

To be in the Territory we must be capable of seeing without thought directing and coloring our mind's movement. So thought must be completely still. The "Me" must be completely absent. For this to happen, we **must first become aware that thought is a program that keeps us confined to the Map. It is the movement of Memory and conditioning. Only with this awareness...** can we then have our mind go quiet.

Then... in this SILENCE... without the distortion of thought... without the mechanical movement of our axioms... without our "Me"... but with COMPLETE ATTENTION... something totally new is born... A NEW CONSCIOUSNESS.

In this **SILENCE** we can perceive directly... Reality... the Territory. In this **SILENCE**... are Freedom, Peace, Beauty, Joy, Harmony... and **TRUTH**.